



## **STUDENT HANDBOOK**

**Induction into the nursing programme**

**2018-19**



**SYMBIOSIS COLLEGE OF NURSING (SCON)**  
**A Department of Symbiosis International (Deemed University) (SIU)**  
**Senapati Bapat Road, Pune – 411004**  
**Maharashtra**

## FROM THE DIRECTOR'S DESK

Dear Student,

### *Welcome to Symbiosis College of Nursing (SCON)!*

I and my team at SCON, are very much pleased that you have decided to join the programme at SCON. You have done the right choice in selecting a professional training in Nursing, which is in most demand world over!

At SCON, the academic sessions are well organized and very much disciplined. It involves a wide range of training which covers not only the academic activities but also series of Co-Curricular and Extra Curricular activities. We expect that whilst you are with us you will take the opportunity to involve yourself in a whole range of enrichment activities, which are quite diverse in nature. This might be playing sport, involvement in trips or visits or involvement in some sort of voluntary or charity work.

We do hope that you enjoy your induction week with us, meet new friends and become familiar with College, faculty members, students and the curricular and extra-curricular activities.

Since you are new to the place and the programme, you will be allocated a Teacher-Mentor who will be guide you and direct you stay on track and achieve your main learning goal. One of the main ways that Teacher-Mentor will do this is through monitoring your progress via personal interactions, periodic-academic-assessment, and your involvement in various college activities.

So move ahead with full zeal and grab the opportunities to excel!!

**All the Best to you!**

**Dr. Sharadha Ramesh**  
Director cum Professor  
Symbiosis College of Nursing  
Symbiosis International (Deemed University)

## **Pune – the land of Valiant Marathas; Oxford of East**

They say the history and Commerce of a city determines the image and its mould. Being the cultural capital of Maharashtra much can be attributed to the majestic history of this place, which has given the country leaders like Shivaji and Lokmanya Tilak. One of the prime getaways from Pune are the hills and the forts around it.

There are a number of interesting historical sights a short distance out of Pune that can be seen. The charm of this quaint yet smart city of Pune, is around it in the forts, the caves and the other adventurous treks around the little mountains and hillocks! Some of these sights have great relevance in the history of the Marathas.



Aga Khan Palace, built by Sultan Muhammed Shah Aga Khan III in 1892, Near Bund Garden, Yerwada

Pune is also a home to some prestigious universities educational and research institutes, Pune, aptly dubbed “The Oxford of the East”, has more than a rarefied academic and cultural air to it. Once the bastion of the Maratha power, the city also boasts of beautiful architecture, museums and a wide array of restaurants, cafes and entertainment.

Pune has also earned the sobriquet ‘**Queen of Deccan**’ for its scenic beauty due to the idyllic setting of the city in the Sahyadri mountain range. This second largest city in Maharashtra is also a travel destination for its religious places. In recent times, it has emerged as a famous IT hub of India.



The most famous place to visit in Pune, **Shaniwar Wada** can rightly be called the landmark of the city, this palace was built by Bajirao Peshwa, dating back to 1736, it an important evidence of the glorious history of Peshwa Rule in Pune.

### **Dagaduseth Halwai Ganpati Temple:**

One of the most famous temples in Pune and even in Maharashtra, Dagaduseth Halwai Ganpati Temple. The temple is dedicated to Hindu God Ganesha and was built by Dagaduseth Halwai, a pious and honest man. The shrine is so popular that people from all over the country as well as world visit it. The best time to be here would be around Ganesh Festival.



**Dagaduseth Halwai Ganpati Temple**

There are many tourist places in Pune which can be visited, all the details are not being presented here due to lack of space.

### **Pune – The Oxford of East:**



SIU was established under Section 3 of UGC Act, 1956, in the year 2002, with the basic principle:

- To provide facilities for education and research of University standard
- The encouragement of the dissemination, advancement, development and application of knowledge.
- The provision of courses of study or instruction across a range of fields, and the carrying out of research, to meet the needs of the community.
- The provision of teaching and learning that engage with advanced knowledge.

Prof. Dr. S.B. Mujumdar established Symbiosis on the principles of Vedic thought of "World as One Family" and is resplendent of the activities and students of several countries. The University also has MOU's of collaboration with several renowned universities of the world and encourages students & faculty to participate in its programmes. It was given "Deemed to be University" status by the Ministry of Human Resource Development in 2002 also re-accredited by NAAC with Grade 'A' and CGPA of 3.58 on a four point scale.

### **Brihan Maharashtra College of Commerce a.k.a. BMCC**

One of the most popular choices for anyone opting for commerce, this college boasts of an amazing campus.



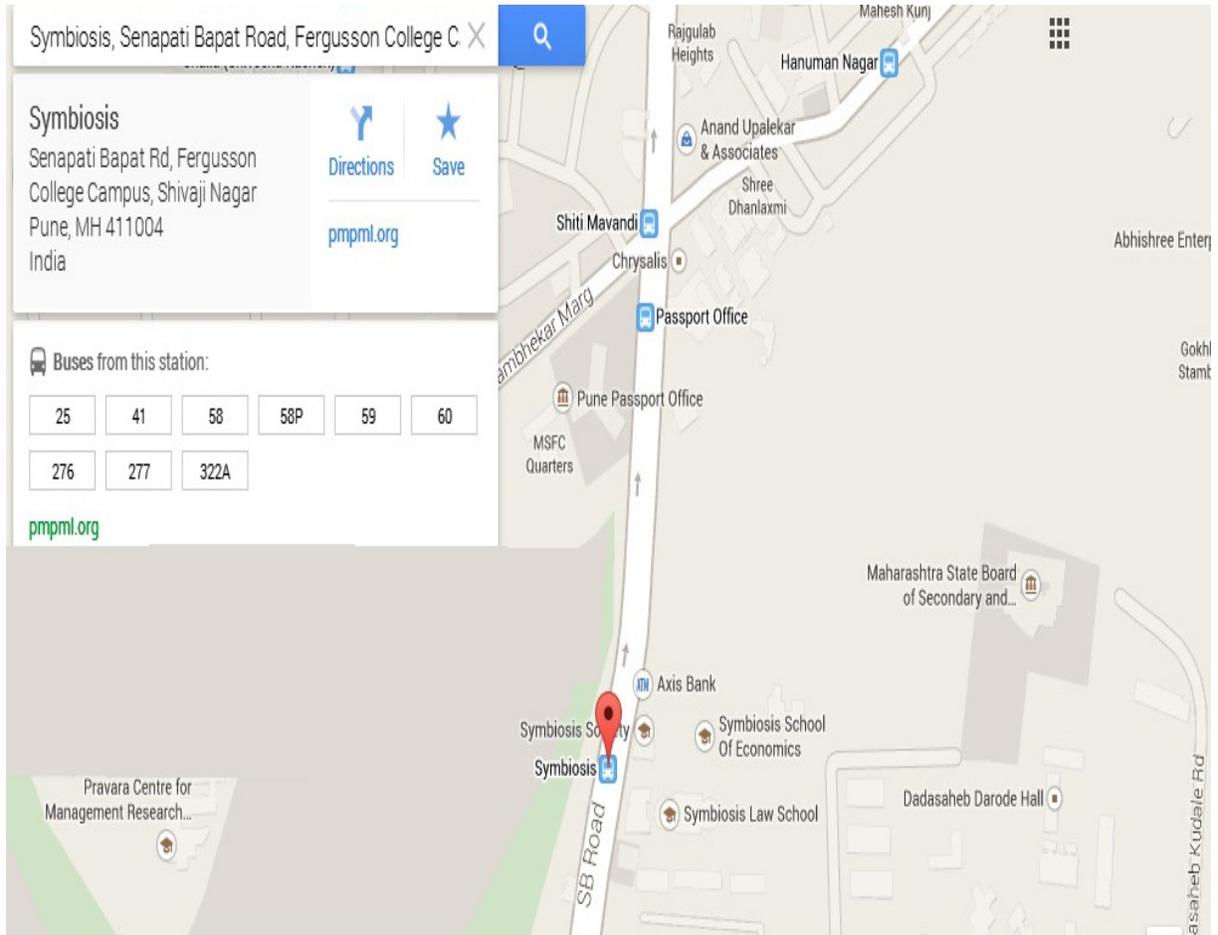
The institutions of Bharati Vidyapeeth (BV) was accorded deemed university status in 1996 for its academic excellence. The Bharati Vidyapeeth (Deemed to be University)

- has established academic excellence and offers programmes in innovative and emerging areas,
- presently has 29 constituent institutions, including three research institutes dedicated exclusively to research,
- is multi-campus and multi-disciplinary and is catering to the needs of Urban and Rural students, has significant achievements in research, has world-class infrastructure and facilities, launched several innovative academic programmes, best teaching-learning processes and has entered into national, as well as, international collaborations.

## SCON is located at Senapati Bapat Road, Pune

### Connectivity of College with road and railway (Starting from Pune Railway station & Pune Airport, Lohegaon)

#### How to Reach Us



The campus is located approximately 15 kms away from Pune railway station and 30 kms from Pune Airport. The various landmarks to reach SCON are – Balbharati Building, Old Passport office, Regional office of IGNOU & Baba Ambedkar Museum, which is part of Symbiosis.

Symbiosis' journey began at the S. B. Road Campus in 1971. Located in one of the busiest parts of Pune, this campus is also known as the Headquarter of Symbiosis, being the first and the oldest building. It hosts the main offices of Symbiosis Society and Symbiosis International Office, including the office of Hon'ble Chancellor, Pro Chancellor and three educational institutes.

## **SYMBIOSIS INTERNATIONAL (DEEMED UNIVERSITY)**

Inspired by the ideals of 'Vishwa Bharati' of Gurudev Rabindranath Tagore and 'Antar Bharati' of Sane Guruji and with a deep desire to help foreign students, an idea of 'Symbiosis' was conceived by Dr. S.B. Mujumdar in the year 1971. The motto of Symbiosis is 'Vasudhaiva Kutumbakam' and truly for the foreign students at Pune it is a 'Home away from Home'.

Symbiosis International University has a rich heritage of cutting-edge innovation and enterprise, and of quality through pursuit of educational excellence. The University offers a total of 107 programmes at Diploma, Undergraduate, Post-graduate and Doctoral levels under the faculties of Law, Management, Computer Studies, Health and Biomedical Sciences, Media, Communication and Design, Humanities and Social Sciences and Engineering. Symbiosis has academic collaborations with reputed foreign universities like Nanyang Technological University in Singapore, University of Houston in USA, Berlin School of Economics and Law in Germany and others.

Symbiosis today comprises of 43 institutes imparting training in diverse disciplines. It has students who hail from all states of India and 75 different countries. Symbiosis is known to be a Multicultural, Multi lingual and Multinational institution. An institution, where academic democracy prevails. Where law is the religion and freedom of thought and expression is the spirit. Where equality is not preached but practiced. Where Innovation, Passion and Compassion is nurtured.

## SYMBIOSIS COLLEGE OF NURSING (SCON)

### Introduction

Symbiosis College of Nursing aims to create leaders in the nursing professionals by providing unique, innovative programmes that are responsive to the market need, keeping in mind the rapid advance in the health care sector in India as well as abroad. The curriculum emphasizes on a holistic approach to nursing care, in order to ensure an all-round growth of the nursing students. Student nurses are trained to meet the international standards of professionalism and maintain the highest standard of clinical practice.

The Programmes offered by SCON ensures numerous career avenues for a graduate nurse in the healthcare industry across the world. The SCON has associated with major hospitals of Pune city to provide the necessary "hands on" clinical and para-clinical experience; necessary for the students pursuing this hospital based academic programmes. Symbiosis College of nursing thus aims to create a benchmark in nursing education in India. The overall aim of nursing programme is to prepare a graduate Nurse to work as frontline worker in the clinical and community field and educational arena

### The Director



### **Dr. SHARADHA RAMESH, DIRECTOR, SCON**

Dr. Sharadha Ramesh is a Doctorate in Nursing from Sri Ramachandra University, Chennai and an alumnus of Omayal Achi CON, Tamilnadu Dr. M.G.R Medical University, Chennai; as well as CON, CMCH, Vellore, University of Madras. The Lady Officer puts in a total 32 years of experience that includes various cadres of Nursing Service, Nursing Education and Nursing Research. She was an active Public Health Nurse in various rural/urban areas at Vellore and worked as School Health Nurse in United Arab Emirates. She has to her credit 35 Independent Research projects and has presented a total of 146 Papers as Podium Presentations of which 127 papers were presented as a resource person in various national and International Conference forums in India and Abroad. Various news channels have identified her extempore dialoguing competence both in Tamil and English was identified on various occasions and she was invited for special talk on burning issues in Society. She has headed forums that include Nursing, Nutrition and Dietetics, MDS programmes, Police training academy, PhD workshops, Nurse Administrators for the hospitals and yoga for school children, Day care schools for children, NGO, High Schools, Teachers Training Academy, Arts and Science colleges and yoga for college students. She holds crucial positions in various Research and Advisory Committees of reputed Universities in India as well

as editor cum book reviewer of National and International Journals. She is one of the panel members of Beta Nu Delta Inc – An International Philippines Nurses Society a special appointment given by the President. She is a member of Board of studies, Academic Council, Senate, Human Ethics Committee, University Library Committee Member, NAAC Steering Committee and University Research Advisory Committee in couple of Universities. She has also contributed immensely to the Nursing Profession by designing e-learning modules and also has written Book Chapters. Her contributions to Education and Research are applauded by conferring upon her various prestigious awards like Sigma Theta Tau

– Eta Pi Research award from USA. She has received various other awards like Best Woman Award in March 2017 for International Women’s Day, Best Research Paper - 2010 during the International Nurses Conference conducted by Omayal Achi College of Nursing in association with Saskatchewan University, Canada as well as Worldwide Nursing Conference held at

Singapore in July 2017, Best Principal for 2016 in Indira Group of Institutions and also Best Research Paper Award – 2010 at International Nurses Conference conducted by Omayal Achi College of Nursing in Association with Saskatchewan University. Dr. Sharadha is currently holding the post of Director at the Symbiosis College of Nursing.

She is an expert academician, able administrator and critical researcher. She has a quest for knowledge to make her known as seasoned professional, which allows looking for vibrancy in all facets of professional nursing practice.

### **Academics at SCON**

The courses at SCON are conducted as Theory classes and as Clinical experience in the concerned Hospitals. The theory classes are conducted in the class rooms located in the two floors of the SIHS building while hands on skill clinical experience given in the different hospitals located within Pune.

Students have to report for the classes rooms in time and should not miss any of the lecturers. Your performance is best done by your efforts, your will power to sustain self and your abilities to fight back all odds as a student.

Teachers will teach you, guide you, counsel you, lead you and support you. Make the maximum out of them. They are the rich source of knowledge and with their experience they stand in a better position to answer all your queries and doubts.

Each batch of students will have a Class Coordinator, who is in-charge for conduct of the course for the specific academic year. There will be various subject teachers as per the subjects given in the syllabus. Teachers will be posted to clinical field along with the students as Clinical Tutors to guide and supervise them.

The senior faculty has the dual job of taking classes as well as performing administrative tasks.

## Vision and Mission of College

**Vision:** Promoting international understanding through quality education

### **Mission:**

- To inculcate the spirit of 'Vasudhaiva Kutumbakam' ( the world is one family)
- To contribute towards knowledge generation and dissemination
- To promote ethical and value-based learning
- To foster the spirit of national development
- To inculcate cross cultural sensitization
- To develop global competencies amongst students
- To nurture creativity and encourage entrepreneurship
- To enhance employability and contribute to human resource development
- To promote health and wellness amongst students, staff & community
- To instill sensitivity amongst the youth towards the community and environment
- To produce thought provoking leaders for the society

### **Programmes conducted at SCON:**

- a) B.Sc. Nursing – Four-year Degree programme
- b) Post-Basic B.Sc. Nursing - Two-year Degree programme
- c) M.Sc. Nursing - Two-year Postgraduate degree programme
- d) Advance Critical Care Course in Nursing (ACCCN) – Six-month weekend Certificate course

### **a) B.Sc. Nursing programme**

#### **Objectives**

On completion of B.Sc. Nursing degree programme, the graduates will be able to:

1. Apply knowledge from physical, biological and behavioral sciences, medicine, including alternative systems and nursing in providing nursing care to individuals, families and communities.
2. Demonstrate understanding of life style and other factors, which affect health of individuals and groups.
3. Provide nursing care based on steps of nursing process in collaboration with the individuals and groups.
4. Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
5. Utilize the latest trends and technology in providing health care.

6. Provide promotive, preventive and restorative health services in line with the national health policies and programs.
7. Practice within the framework of code of ethics and professional conduct and acceptable standards of practice within the legal boundaries.
8. Communicate effectively with individuals and groups and members of the health team in order to promote effective interpersonal relationships and teamwork.
9. Demonstrate skills in teaching to individuals and groups in clinical/ community health settings.
10. Participate effectively as members of the health team in health care delivery system.
11. Demonstrate leadership and managerial skills in clinical / community health settings.
12. Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.
13. Demonstrate awareness, interest and contribute towards advancement of self and of the profession.

**b) Post-Basic B.Sc. degree Programme**

**On completion of Post-Basic B.Sc. degree Programme the graduates will be able to:**

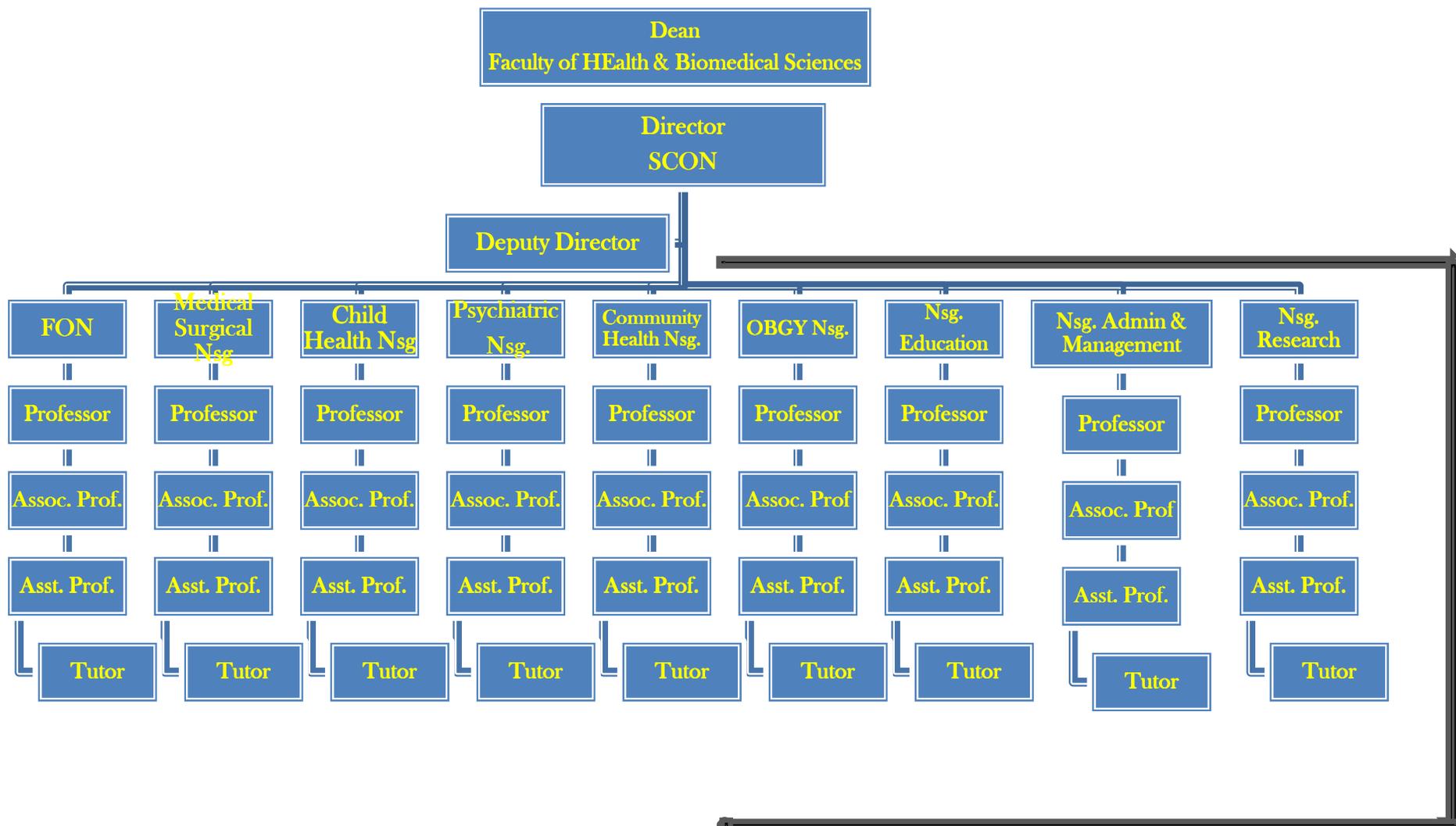
1. Assess health status, identify nursing needs, plan, implement and evaluate nursing care for patients / clients that contribute to health of individuals, families and communities.
2. Demonstrate competency in techniques of nursing based on concepts and principles from selected areas of nursing, physical, biological and behavioral sciences.
3. Participate as members of health team in the Promotive, preventive, curative and restorative health care delivery system of the country.
4. Demonstrate skills in communication and interpersonal relationship.
5. Demonstrate leadership qualities and decision-making abilities in various situations.
6. Demonstrate skills in teaching to individuals and groups in community health settings.
7. Demonstrate managerial skills in community health settings.
8. Practice ethical values in their personal and professional life.
9. Participate in research activities and utilize research findings in improving nursing practice.
10. Recognize the need for continued learning for their personal and professional development

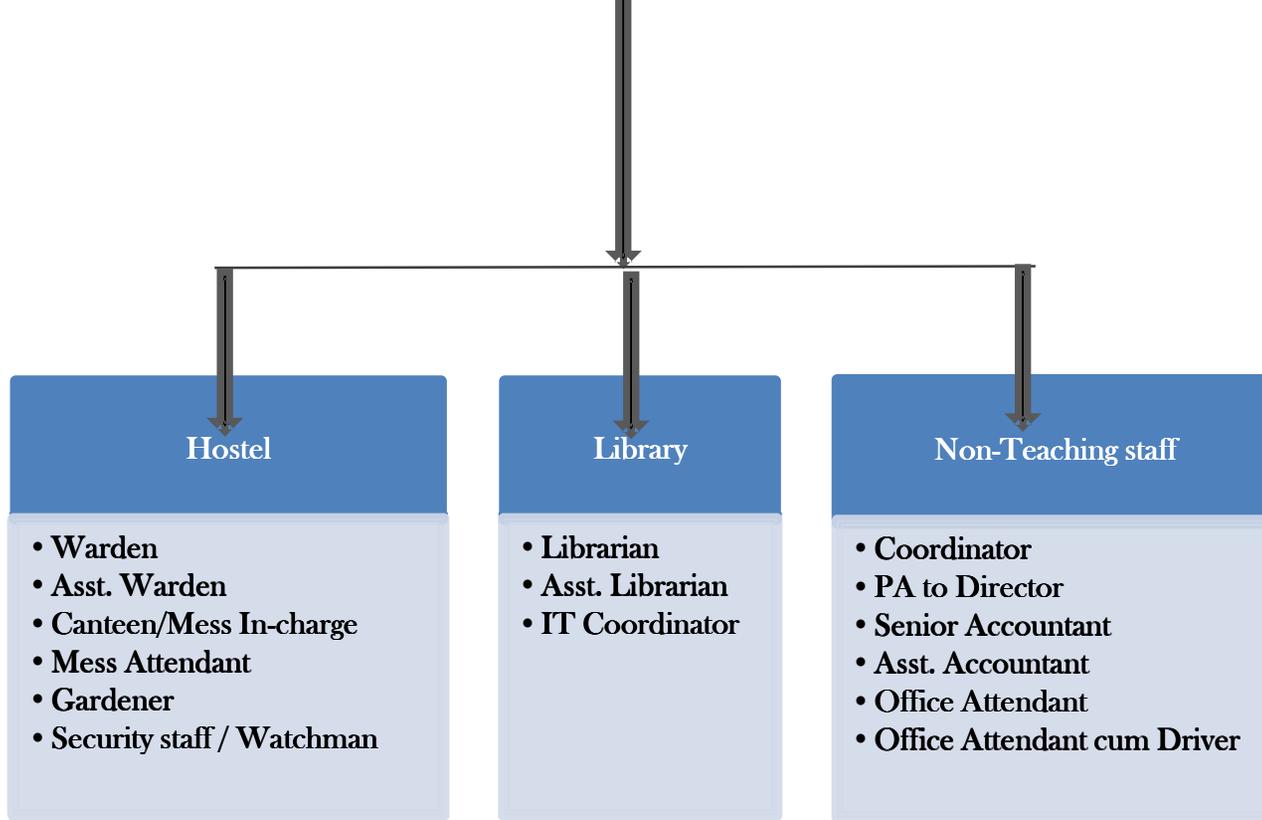
c) **M.Sc. Nursing degree programme**

On completion of M.Sc. Nursing degree programme the graduates will be able to:

1. Apply knowledge from physical, biological and behavioural sciences, medicine, including alternative systems and nursing in providing nursing care to individuals, families and communities.
2. Provide nursing care based on steps of nursing process in collaboration with the individuals and groups
3. Demonstrate understanding of life style and other factors, which affect health of individuals and groups.
4. Practice as a nurse specialist.
5. Demonstrate leadership qualities and function effectively as nurse educator and manager.
6. Demonstrate skill in conducting nursing research, interpreting and utilizing the findings from health related research.
7. Demonstrate the ability to plan and effect change in nursing practice and in the health care delivery system.
8. Establish collaborative relationship with members of other disciplines
9. Demonstrate interest in continued learning for personal and professional advancement
10. Utilize the latest trends and technology in providing health care..
11. Participate effectively as members of the health team in health care delivery system.
12. Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.
13. Demonstrate awareness, interest and contribute towards advancement of self and of the profession.

### Administrative hierarchy of SCON





## **How Tutorials Matter**

The tutorial process is an active process, in which a tutor has the responsibility for helping student's development within group tutorials and within individual student/tutor meetings (one to one). As soon as you join the college you will be assigned a personal mentor, they are there to support you in achieving your goals. The support we offer can range from:

- making sure you are enrolled onto the right programme
- making sure you have all the information you need
- helping you to set your goals and record your progress
- helping you to organize your study time
- putting your portfolio together
- referring you for additional support if necessary
- referring you to specialist support through welfare, guidance, counseling and other ways
- prepare you for interviews, the world of work or higher education

This is done through discussion, negotiation and using feedback about your learning progress. If you have any problems please let your personal mentor know. Think of your tutor as your 'professional' friend!

### **Your programme involves:**

#### ***i) One-to-One Tutorials***

Remember you can ask for one of these too, when you feel you need it. This involves individual action planning and review, using information from yourself and others i.e. relevant staff including lecturers, college support staff (student support/welfare) etc. The aim is to provide students with an opportunity to both manage and develop confidence in their own learning, thus ensuring that they achieve their learning goals. Guidance and educational counseling are an essential part of a personal mentor's role before, during and at the end of a student's period of study at college.

#### ***ii) Group Tutorials***

Opportunities to learn new skills discuss and generate new ideas and perspectives. It's also a time to meet new people! Monitoring progress as you are studying we expect that you will work hard to achieve your qualifications and that you will have a sense of responsibility for your work and your colleagues. However we are still responsible for notifying your parent/guardian of any issues in relation to:

- Attendance
- Punctuality
- Behavior
- Progress

**The college has a number of systems in place to ensure that if you are not working to your full potential, than you get back on track with enough support system**

**Academic Meeting** - During the year all staff will meet and discuss all students' performance both academic and also looking at attendance, punctuality, behavior and attitude. The Academic Meeting will be held five times a year. From these meeting staff will make recommendations and suggestions for students to improve on their studies. Following each Academic meeting parents/guardians are notified of all decisions.

**Inter – Institute Programmes** - Studying courses that will make you attractive to universities and others when you pass out from SCON. These are the extra hours given to you by other institutes to teach their specializations in a brief pattern.

**Mentorship** - One to one individual support or group support by specialized staff.

**Parent's Correspondence** - Progress report of all the exams conducted in College as well the attendance report of the students will be intimated to the parents periodically through Parents Correspondence. If we have any particular concerns about you they will be contacted and requested to meet us

**Various Academic Co-Curricular and Extra-Curricular Awards** - Various awards like 100 % Attendance Award, All-rounder Award, Best bed Side Nurse Award, and many are given to encourage and appreciate the development of the student.

#### **ANTIRAGGING MEASURES:**

##### ***Anti-Ragging Measures at Symbiosis International University***

Ragging is totally prohibited in Symbiosis International University and in its Constituent Institutes and anyone found guilty of ragging and / or abetting ragging whether actively or passively, or being a part of conspiracy to promote ragging, is liable to be punished in accordance with UGC Regulations 2009 as well as under the provisions of any penal law for the time being in force.

As per UGC Regulations on curbing the menace of Ragging in Higher Educational Institutions, 2009,

##### **Ragging constitutes one or more of any of following acts:**

I. Any conduct by any student or students whether by words spoken or written or by act which has the effect of teasing, treating or handling with rudeness a fresher or any other student.

II. Indulging in rowdy or indiscipline activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student

III. Asking any student to do any act which such student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student

IV. Any act by senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher

V. Exploiting the service of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students

VI. Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students

VII. Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person

VIII. Any act or abuse by spoken words, email, post, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from activity or passively participating in the discomfiture to fresher or any other student

IX. Any act that affects the mental health and self- confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student. Symbiosis International University ensures that the congenial and welcoming environment is given to the freshers in its all constituent institutes.

To achieve this objective following committees have been formed by the University as per UGC Regulation 2009 and the details are displayed on the College Notice Board:

1. Anti Ragging Committee
2. Anti Ragging Squad

**Helpline of the University: 9552525725**

**ANTI RAGGING COMMITTEE**  
**FOR THE ACADEMIC YEAR 2018-19**

<b>Sr. No.</b>	<b>Name of the Faculty</b>	<b>Designation</b>	<b>Contact No.</b>
1	Dr. Sharadha Ramesh Director cum Professor	Chairperson	7887885947
2	Lt. Col. Shobha Naidu (Retd) Deputy Dir. Cum Assoc. Prof.	Member	9921600246
3	Mrs. Sheetal Barde Asst. Prof.	Member	9850250943
4	Mrs. Shobha Dhanawade	Parent representative	8390437383
5	Ms. Anna Jerson I year B.Sc. Nursing	Student representative	8606578044
6	Ms. Rishal Reji II year B.Sc. Nursing	Student representative	9131392412
7	Ms. Daris III year B.Sc. Nursing	Student representative	8329621748
8	Mr. Ravi Vaishnav IV year B.Sc. Nursing	Student representative	8411053329
9	Ms. Vinaya Anil Dalvi I year P.B.B.Sc. Nursing	Student representative	8888365480
10	Mr. Chandrasekhar II year P.B.B.Sc. Nursing	Student representative	9960690266
11	Mr. Divyank Kalal I year M.Sc. Nursing	Student representative	9096834526
12	Ms. Augustine Messey II year M.Sc. Nursing	Student representative	9521408861
13	Mr. Yogesh Nikam IT Coordinator	Member (Non-Teaching staff)	8805360306

## **What we want from you whilst studying with us**

- Consistently good attendance and punctuality
- The commitment to meet deadlines and manage your time effectively
- Good behavior, and respect for others including self
- The drive for achievement to enable progression
- 100% effort
- A willingness to carry out self-directed study
- Review previous targets with tutor

### **It is important that all students carefully read these simple center rules.**

For the system to work and to enable all students to gain maximum value from the course, it should be understood that rules will be enforced at all times. It is the responsibility of individuals to make sure that these rules are understood. If unclear about anything ask your Lecturer.

#### **Timekeeping**

Anyone consistently turning up late for any of their college (including break and lunch times) will face discipline.

#### **Stationery**

Students turning up to college without file, course and handouts, notes, pens, pencil, paper may face discipline.

### **Attitude, General Conduct and Commitment**

Anyone turning up for lessons not willing to participate or not interested will face discipline. Students must behave in a responsible manner at all times. Swearing will not be tolerated, throwing of materials is strictly forbidden, smoking is not allowed in the college, and students must not deface company buildings.

The college has a zero tolerance to bullying. Those found guilty of bullying fellow students will be disciplined and may face exclusion from college. Students are expected to give 100% effort for all activities undertaken.

#### **Cleanliness**

Students must not litter on college property. Trainees must clean their own work area when working in workshops, salons, kitchens etc. Personal hygiene should also be given priority.

#### **Health and Safety**

It is mandatory for all students to undergo preliminary health check-up at the Symbiosis Centre for Health Care (SCHC). This also includes the HBsAg vaccination and lab test for HIV which are chargeable (detail information will be given to students subsequently).

Anyone who does not adhere to Health and Safety operations may be turned away and will be disciplined.

### **Mobile Phones**

Mobile phones are not to be used in class rooms and college premises. If you have carried one, notify lecturers at start of lesson if you are expecting an emergency call.

**Failure to adhere to these rules will affect your chances of a qualification and limit the Possibilities of moving onto a higher level.**

### **What is Enrichment?**

Our enrichment programme exists to offer an extra dynamic to the learning experience for young people who study at College. During your time with us, you will be offered opportunities to develop skills, confidence and experience to place alongside the academic qualifications you will gain whilst with the college.

At College we strongly encourage students to maintain a wide and varied extra-curricular activities programme, not only to ensure your development as an individual, but also to enhance your chances of successful university and employment applications.

### **What kind of enrichment activities can college students take part in?**

- Team sports e.g. Cricket, Volley Ball
- Debates
- Quiz Challenges
- Dance Classes
- Fitness Programmes
- Enterprise Week
- Arts Award
- Community and Charity Projects
- Language Classes
- Fairs and Health Camps
- Sports Awards
- Elocutions
- Gallery Visits
- Concerts
- Water Sports
- Outdoor Activities

### **Why is Equality and Diversity important?**

We live in an increasingly diverse society and need to be able to respond appropriately and sensitively to this diversity. Learners in the College setting will reflect this diversity around gender, race and ethnicity, disability, religion, sexuality, class and age.

The College believes that successful implementation of equality and diversity in all aspects of college ensures that staff and students are valued, motivated and treated fairly.

## Abraham Lincoln's Letter to his Son's Headmaster

He will have to learn, I know, that all men are not just, all men are not true, but teach him also that for every scoundrel there is a hero; that for every selfish politician, there is a dedicated leader... Teach him that for every enemy there is a friend.

It will take time, I know, but teach him, if you can, that a dollar earned is of far more value than five found...Teach him to learn to lose...and also to enjoy winning. Steer him away from envy, if you can, teach him the secret of quiet laughter. Let him learn early that the bullies are the easiest to lick...Teach him, if you can, the wonder of a book...but also give him quiet time to ponder the eternal mystery of birds in the sky, bees in the sun, and flowers on a green hillside.

In school, teach him it is far more honorable to fail than to cheat...Teach him to have faith in his own ideas, even if everyone tells him they are wrong...Teach him to be gentle with gentle people, and tough with the tough. Try to give my son the strength not to follow the crowd when everyone is getting on the bandwagon...Teach him to listen to all men...but teach him also to filter all he hears on a screen of truth, and take only the good that comes through.

Teach him, if you can, how to laugh when he is sad...Teach him there is no shame in tears. Teach him to scoff at cynics and to beware of too much sweetness...Teach him to sell his brawn and brain to the highest bidders, but never to put a price tag on his heart and soul. Teach him to close his ears to a howling mob...and to stand and fight if he thinks he is right.

Treat him gently, but do not coddle him, because only the test of fire makes fine steel. Let him have the courage to be impatient...let him have the patience to be brave. Teach him always to have sublime faith in himself, because then he will always have sublime faith in mankind.

This is a big order, but see what you can do...He is such a fine little fellow, my son!

