

SYMBIOSIS COLLEGE OF NURSING
WORKSHOP ON SIMULATION BASED LEARNING - INTEGRATED
OBSTETRICS MENTAL HEALTH CARE

A Continuing Nursing Education (CNE) on **“SIMULATION BASED LEARNING - INTEGRATED OBSTETRICS MENTAL HEALTH CARE”** was organized by the Department of Obstetrics and Gynaecological Nursing and Mental Health Nursing, Symbiosis College of Nursing Pune on 26 May 2022. This CNE was conducted for the nursing students, Nursing Officers with a view to update their knowledge and give a hands on experience regarding how to care a patient with Obstetrical and Psychiatric Emergencies.



Chairperson of the programme was Dr. S G Joshi, Director, Symbiosis College of Nursing College, & the Organizing Secretary was Dr. Sheela Upendra, Deputy Director, Department of Mental Health Nursing and Dr. Seeta Devi, Associate Professor, Department of Obstetrics and Gynaecological Nursing.

Education is a never ending process in a person's life and it's the responsibility of each and every individual to update themselves as the time goes on. Along with education, skills also play a major role in providing efficient care to a patient. Therefore it's necessary to improve knowledge as well as skills in providing quality care.

A total of 206 delegates including Nursing students, staff nurses and Nursing Faculty attended the workshop at Symbiosis College of Nursing, Pune. The programme started with an Inaugural welcome speech by Ms Joyce and Ms. Betsy, 1st year M.Sc. Nursing students; they extended a warm welcome to the dignitaries, the teaching faculties and the participants. It was followed by the auspicious ritual of lighting the lamp by the dignitaries. The delegates were welcomed by Dr. S G Joshi, Director, Symbiosis College of Nursing by signifying the importance of learning in life. The overview of the workshop was given by Dr. Rajiv Yeravdekar, Dean, Faculty of Health Sciences, Symbiosis International (Deemed University). Pre-test was given to all the participants before starting the Lectures.



The programme was presided by a special guest Dr. Bhanap Prasad, HoD, Obstetrics and Gynaecological Department, SUHRC. He was invited to unfold the theme and give a brief overview about the topic. Dr. Bhanap Prasad who also is a practicing consultant and Educator shared his valuable knowledge in explaining the importance of Obstetrical Emergency Management and the role of the health care personnel especially the nurses at every level. Vote of thanks was expressed by Dr. Sheela Upendra, Deputy Director, Symbiosis College of Nursing.



After unfolding of the theme the introductory part of the session was presented by Dr. Bhanap Prasad, HoD, Obstetrics and Gynaecological Department, SUHRC. He explained in detail about the various concepts of Obstetrical Emergency and its Management.

The second topic was presented by Dr. Ajit Naik, Head of Department, Psychiatry, SUHRC, on Baby Blues Vs Post-Partum Depression. He clarified various concepts by showing interesting pictures and eye catching PPT.



The lectures were followed by Demonstration of skills on Simulation based Skill Stations. The skill stations were managed by M. Sc. First Year Students and Faculty of OBG department and Psychiatric Nursing Department.

Four skill stations were arranged on following topics:

- **Conduct of Normal Vaginal delivery Labour**

(Skill Instructor: Ms. Shital Pimpalekar, Associate Professor, OBG Dept., Ms. Omshree, Ms. Yashfeen, Ms. Samprada, Ms. Priyanka and Ms. Komal (M. Sc. I Year Students))





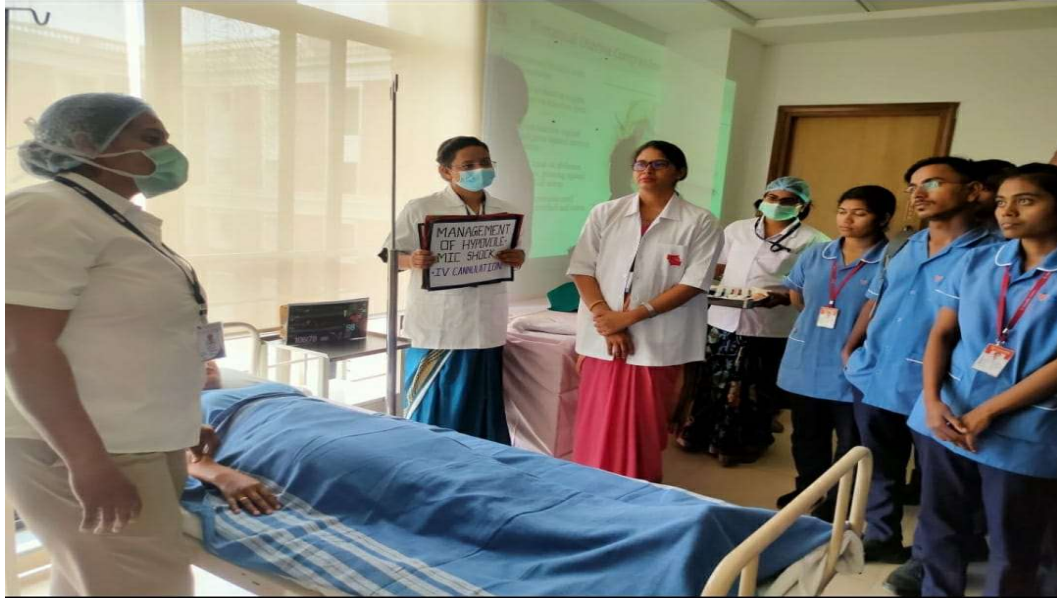
- Partogram station

(Skill Instructor: Ms. Archana Admure, Tutor, OBG Dept., Ms. Prajakta, Ms. Prachi (M. Sc. I Year Students)



- **Management of Postpartum hemorrhage**

(Skill Instructor: Dr. Seeta Devi, Associate Professor, HoD,OBG Dept., Ms. Bhagyashree, Ms. Joyce, Ms. Harshika, and Ms. Shraddha (M. Sc. I Year Students)



- **Screening and Psychological First Aid of Postpartum Depression**

(Skill Instructor: Ms. Sheetal Barde, Associate Professor, Mental Health Nursing Dept., Ms. Betsy, Ms. Mercy, Mr. Gopal, Mr. Nilkant and Mr. Shreedhar (M. Sc. I Year Students)



All the delegates were divided into groups and were sent to all the Skill Stations by Rotation. The Simulation demonstration of all the 4 skill stations for all 206 participants were over by 4:30 Pm. Post-test was given to all the participants after completion of all sessions.

FEEDBACK FROM PARTICIPANTS: -

The participants and the resource persons provided positive feedbacks regarding the programme except for a few flaws in the organization of the CNE. The students were contended and also requested more of such presentation.



THANK YOU